

ADMINISTRATIVE REGULATION

Application to Waive 1/4-Credit of the Physical Education Graduation Requirement

Students may have 1/4-credit of the physical education requirement waived for each full season of participation in approved interscholastic or intramural athletic competition. The total credit waived shall not exceed one-full credit. Elective credit must be earned to replace the physical education requirement that is waived. A waiver of credit under this section does not affect the overall minimum requirements of 22.5* credits. (* 22 credits for the class of 2010)

Directions for the Student: Please provide the information requested in Part I of this form (including all signatures) and return the form to your counselor. Information will be verified and you will receive an approved copy of the waiver. If you have any questions, please see your counselor.

Part I

Student Name	Grade	School																								
<p>List of Approved Interscholastic or Intramural Athletic Activities (check one)</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;"><input type="checkbox"/> Badminton</td> <td style="width: 33%;"><input type="checkbox"/> Football</td> <td style="width: 33%;"><input type="checkbox"/> Softball</td> </tr> <tr> <td><input type="checkbox"/> Baseball</td> <td><input type="checkbox"/> Gymnastics</td> <td><input type="checkbox"/> Swimming</td> </tr> <tr> <td><input type="checkbox"/> Basketball</td> <td><input type="checkbox"/> Hockey</td> <td><input type="checkbox"/> Swing Dance</td> </tr> <tr> <td><input type="checkbox"/> Cheerleading</td> <td><input type="checkbox"/> Intramural Golf</td> <td><input type="checkbox"/> Tennis</td> </tr> <tr> <td><input type="checkbox"/> Cross-country Running</td> <td><input type="checkbox"/> JROTC **</td> <td><input type="checkbox"/> Track and Field</td> </tr> <tr> <td><input type="checkbox"/> Cross-country Skiing</td> <td><input type="checkbox"/> Rifle Team</td> <td><input type="checkbox"/> Volleyball</td> </tr> <tr> <td><input type="checkbox"/> Fencing</td> <td><input type="checkbox"/> Soccer</td> <td><input type="checkbox"/> Weight Lifting</td> </tr> <tr> <td></td> <td><small>**Courses with required fitness component</small></td> <td><input type="checkbox"/> Wrestling</td> </tr> </table>			<input type="checkbox"/> Badminton	<input type="checkbox"/> Football	<input type="checkbox"/> Softball	<input type="checkbox"/> Baseball	<input type="checkbox"/> Gymnastics	<input type="checkbox"/> Swimming	<input type="checkbox"/> Basketball	<input type="checkbox"/> Hockey	<input type="checkbox"/> Swing Dance	<input type="checkbox"/> Cheerleading	<input type="checkbox"/> Intramural Golf	<input type="checkbox"/> Tennis	<input type="checkbox"/> Cross-country Running	<input type="checkbox"/> JROTC **	<input type="checkbox"/> Track and Field	<input type="checkbox"/> Cross-country Skiing	<input type="checkbox"/> Rifle Team	<input type="checkbox"/> Volleyball	<input type="checkbox"/> Fencing	<input type="checkbox"/> Soccer	<input type="checkbox"/> Weight Lifting		<small>**Courses with required fitness component</small>	<input type="checkbox"/> Wrestling
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<p>Dates of Participation: from _____ to _____</p>																										

Signatures:

Student	Date	Parent
	Date	Sponsor/ Coach
		Date

Part II: Verification of Participation

Approval indicated by the following signatures:

Counselor's Signature	Date
Signature of Principal/ Designee	Date

Revised 7-22-10

